



The Good Samaritan

BEDE POLDING COLLEGE

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5th November 2010

Term 4 Week 4



Calendar Dates

8 - 11 Nov	Yr 10 SC Exams
9 Nov	Staff Meeting (9:30 start)
10 Nov	P & F General Meeting
12 Nov	Yr 12 Formal Rooty Hill RSL
15 Nov	Staff Development Day (Pupil Free Day)
17 Nov	Yr 10 Graduation Mass & Presentation
18 Nov	Yr 10 Dinner Dance
23 Nov	Yr 7 2011 Orientation Day and Parent Information Evening

Principal's Desk

Parents/Guardians,

This coming weekend John Watkins, an ex-student of the College, will be ordained into the priesthood. John will be the first ex-student to have taken this significant step. The Ordination will take place on Saturday morning, 6th November at St Patricks' Cathedral in Parramatta at 10.30am. John will celebrate a Mass of Thanksgiving at St Matthew's in Windsor on Sunday morning at 9.30am. I know that you will join with me in offering your prayers and support for John on this wonderful occasion.

On Wednesday night, 10th November the Parents and Friends Annual General Meeting will be held. The Parents and Friends are a tremendously important forum within our community and decisions made here over the last few years are still having a profoundly positive effect on our school. These meetings provide me with a great opportunity to get feedback from the parents about the effectiveness of the College. This input is highly valued. It also allows us to keep parents informed about developments and progress. I encourage all parents to be involved.

God Bless

POLDING AWARDS ASSEMBLY



College Leadership Teams

~ Executive ~

Principal

Mr Kevin Jones

Assistant Principals

Mr Rodney Howard / Mr Harry Fernandez

Religious Education Coordinator

Mr Jim Gooley / Assistant: Mrs Mary McGuinness

Business Manager

Mr Paul Cruise

Administration Coordinator

Mrs Anita Meehan

~ Curriculum Forum & Assistants ~

Creative Arts

Ms Margarete Formanek / Assistant: Miss Carol Muscat

English

Mrs Barbara Stanners / Assistant: Mr Patrick Loughlin

Human Society & Its Environment

Mr Paul Sykes / Assistant: Mr Brett Windon

LOTE

Mrs Felicity Mgaza

LTST

Mrs Jeanette Lans

Mathematics

Mr M McCarney / Assistant: Mr Mal Hegarty

PDHPE

Ms Megan Bertenshaw

Post Compulsory & Careers

Mr Brett Collimore

Science

Mrs Jenelle Gavin

Special Education

Mrs Jan Trefoni

Sports Coordinator

Mr Dean Bertenshaw

Technology & Applied Studies

Mr Edward Gruppetta / Mrs Lisa Cummins

Year Coordinators

Years 7 Mr Stephen Godfrey

Year 8 Mr Vince Le Breton

Year 9 Mr Marc Sluiter

Year 10 Mrs Melinda Bowd

Senior Coordinator

Ms Jenny Woods

Assistant: Miss Belinda Pickert

Student Counsellor

Mrs Sally Wardley

Librarian

Mrs Kerrie Brownscombe

PLEASE NOTE:

SHOP TILL YOU DROP DAY IN AID OF BEDE THAILAND VOLUNTEERS HAS BEEN CANCELLED

P & F Annual General Meeting Invitation Wednesday November 10

Dear Parents, Carers and Friends,

Our next Annual General Meeting will be held next week on Wednesday November 10 at 7:00pm in the staffroom.

All positions will be declared open and we encourage everyone to consider becoming a part of the P&F.

The P&F meets once a term, with the executive also meeting once a term. Executive positions require a small amount of time commitment outside of these meeting times.

The P&F meetings are a great opportunity for you to find out first hand what is happening at the school. Mr Jones is always very generous with sharing news about the school and its future directions. We have also tried to have various guest speakers at our meetings to provide information on current educational and social issues.

This year the fundraising levy has raised approximately \$42 000 which has been spent directly on the students by placing Digital Delivery Systems into 12 classrooms. These systems have given the students access to the latest technology and learning tools in the classroom. We look forward to continuing this initiative in 2011.

I look forward to seeing you at the AGM.

Yours sincerely,

Joanne McKay

President

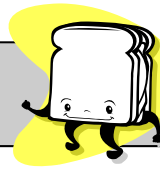
RE News

- The sacrament of Reconciliation is offered to students each Monday afternoon. Reminders to book a time are regularly in the daily notices. It is an ideal way to prepare for the celebration of Christmas.
- Students of the College continue to support the Hawkesbury Community Kitchen on a fortnightly basis, by setting, servicing and cleaning up after meals. Students should see Mr Gooley if keen to assist.

Jim Gooley



Canteen Roster & News



Week 5

Monday 8th November

J Rigg, J Lee, J McCartney,
L Blume

Tuesday 9th November

J Liso, L Edwards (HELP
NEEDED)

Wednesday 10th November

M Kaun (HELP NEEDED)

Thursday 11th November

R Smith, H Krsticevic,
I Morris

Friday 12th November

R Johnson, N Kiany

Week 6

Monday 15th November

**STAFF DEVELOPMENT
DAY**

Tuesday 16th November

N Kiany (HELP NEEDED)

Wednesday 17th November

J Buttigieg, M Durgali,
K Brett

Thursday 18th November

L Donlan, K Milgate, D Gallo

Friday 19th November

L Mackey, N Brown,
S Makkonen

Canteen News

- New sweet chilli chicken tenders on a long roll with lettuce and mayo—\$3.50 order only (Yummy!)
- Fruit salad tubs:
Small \$2.50
Large \$3.50
Watermelon tubs \$1.50
- Any new mums, dads, grandparents that would like to help in the canteen for 2011. Rosters are currently being done. If you can help out please contact school office or Natalie on 4577 6243) Your time would be greatly appreciated.

Natalie Jones (Canteen Manager)

Star Spot



These are the stars of this week.

Congratulations to:

- **Nick Attard (9D19)** has been selected as a finalist in the 2010 Young Australian Art Awards. Nick receives a Gold Award for being a runner up with his work entitled "Fairy Night".
- Macquarie Towns Art Society Inc "Spring Fair" Exhibition. (2010 Macquarie Bicentenary Event)
Congratulations to:
Talia Gordon - 1st Place Secondary School Photography.
Hayley Douglas - Highly Commended Secondary School Photography.
Khloe Zarb - Highly Commended Secondary School Photography.
Kimberley Saller - Highly Commended Secondary School Photography
Mallory Siemsen - 2nd Place Secondary School Children's Art

Well done - to these students

Congratulations

Ex-student **John Watkins** will be ordained as priest this Saturday at St Patrick's Cathedral at 10:30am. He will celebrate his first Mass at his home parish of St Matthew's Windsor at 9:30am on Sunday.

The College community congratulates John, wishing him a long career in such an important role.



Charity Christmas Appeal



The College has a long running tradition of giving generously to the needy of the community, particularly attempting to brighten up their Christmas. Previously, students and their families have been asked to donate hamper items that have been distributed by the St Vincent de Paul Society and Salvation Army.

This year, both organisations have requested we seek monetary donations rather than hamper items. Their greatest need is to be able to support people struggling for the most basic things. Vouchers for food and paying towards essential service bills eg electricity and water, are the most effective ways to assist.

The request is that families, particularly the students, set themselves to be able to make a financial donation for this year's collection. Please encourage students to go without something, in order to increase the donation they might make. This collection will take place at the College as the school year draws to a close.

Thank you for your undoubted generosity.

Jim Gooley (RE Coordinator)

For Sale

The Music Department have 5 Casio CTK-451 keyboards for sale. They each have 60 keys (5 octaves) and are in good working condition. The keyboards do not have workable headphone outputs. Each for sale at \$50. Please contact Carol Muscat at the College on 45776455.

CAPTIVATE Performances

Several students from the CAPTIVATE dance ensemble performed in the half time entertainment for the Sydney Flames Basketball on Saturday night. The Operations Manager was impressed with the students professional energy and talent portrayed and have invited them back to perform again.

Bede Polding's Elise Mitchell (8C7) was one of the students who performed.

Lost Property

A number of lost articles are constantly being handed in at the student foyer. Most articles have no name marked on them which means they cannot be returned to their rightful owners. If you value your uniform articles **please put your name on them**. Also if you have something missing please come in and check the lost property area.

Did you know.....

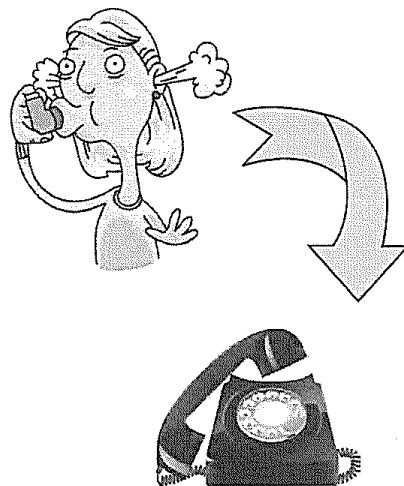
- 1 in 9 children have asthma
- Asthma is the leading cause of school absenteeism



Every day Australian children stay at home from school or childcare because they are unwell due to asthma symptoms. Your school or preschool can help.

In May 2011 you can help raise asthma awareness by holding a Pyjama Day fundraiser at your school or preschool. Mark your calendar now for May 2011. More details will follow so register your interest by emailing or phoning Lucy Jacka on ljacka@asthmafoundation.org.au or 02 9018 0502.

Asthma Information Line



Did you know Asthma Foundation NSW has an information line? Call our trained professionals if you require any information or resources on asthma. Call 1800 645 130 during business hours or email ask@asthmafoundation.org.au

PARENT FORUM

Directions and support for students with special learning needs



Wednesday 24 November 2010 - Nagle College, 58 Orwell St, Blacktown
 7.00 pm for 7.30pm - 9.00pm (Tea and coffee served on arrival)

Directions in learning support by special guest speaker, Emeritus Professor Tony Shaddock and outline of services available to students in the Parramatta Diocese by Team Leader, Student Services, Elizabeth Rowe
 Opportunity to ask questions of the panel - Tony Shaddock, Relieving Executive Director of Schools, Sue Walsh, Elizabeth Rowe and members of the student services team.

RSVP by 19 November 2010 email pro@parra.catholic.edu.au



Emeritus Professor Tony has worked as a teacher, psychologist and director in the areas of learning support, developmental disabilities and special education. Tony has published over one hundred books, chapters and articles and he is a frequent contributor to national and international journals and conferences. He currently heads the Evaluation, Research and Publication team of the Australian Autism Education and Training Consortium (AAETC) providing a national program of professional development for teachers and education for parents. Tony reviewed the Catholic Education Office Parramatta's student services program in 2009.

Hosted by Catholic Education, Diocese of Parramatta in partnership with the Parent Representative Council and ucann.



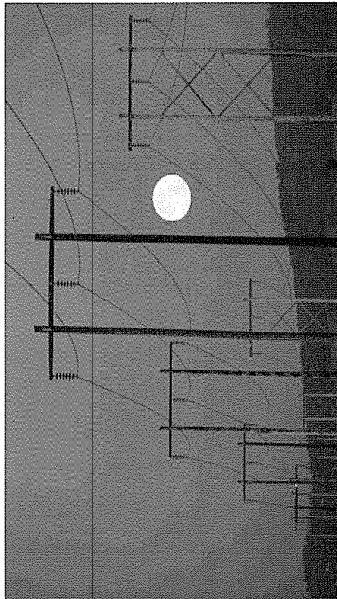
Free 4 week course for parents:



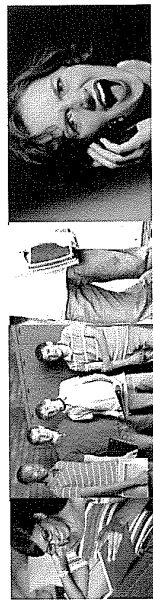
Communicating with Teenagers

WEDNESDAYS: 10th, 17th, 24th November & 1st December 2010
 6.30 - 8.30pm

Learn to speak to teens and be heard!
 Learn how to listen to their communications!
 Learn how to effectively communicate together!



Our experience is that many parents out of sheer frustration resort to unhelpful patterns in relating to their offspring which tend to exacerbate the difficulties and often alienate their teens even further. Our expectation is that as parents become more skilled at talking and listening to their teens, the teens are more likely to feel understood and less likely to experience and express their anger in violence towards others. This will have great benefits to the teens, their families, and increase safety to the Hawkesbury community at large.



WHERE:



....making a difference.....

WHERE:

Richmond Neighbourhood Centre
 20 West Market Street
 Richmond NSW 2753

BOOKING ESSENTIAL!
 02 4588 3502
 Email: admin@rcsi.ngo.org.au



Minutes of Meeting of the Bede Polding Parents & Friends Committee

Term 3, 2010 – Minutes in Brief

Guest Speaker

Margarete Formanek and Natasha Vincent (Year 11) spoke about the trip to Thailand last year and the impact it has had on the lives of all who went. Students are sharing their experiences through Ash Wednesday liturgy, newsletters and word of mouth at school.

Students went to a new orphanage last year and worked with Burmese children. Activities at the orphanage and their adventure time included learning to weave, planting 40 bamboo trees, painting the house they stayed in, mothers' room, hall and a mural. Laid foundations for a boys home being constructed in the village. Put up 60m of fencing. Thatched a blind woman's home. Delivered rice and medicine to Burmese families, received blessing from the monks, Thai cooking class, hill tribe treks, elephant rehabilitation park, visit to Hellfire Pass, canyoning.

The P&F donated \$1000 towards this year's trip which will be led by Steve Lans.

Principal's Report - Kevin Jones

Aim for personal best being emphasised throughout school. Students have multiple opportunities to demonstrate achievement in both class work and formal assessments. All students have the opportunity to aim for an 'outstanding academic improvement award' which measures their individual improvement.

Business Manager's Report – Paul Cruise

Air conditioner for the library ordered – will be installed in the October holidays.

Data projectors installed in two classrooms in the October holidays.

Treasurer's Report – Jill Clarke

Balance \$8,882.71 + \$10,500 fundraising levy received from Paul Cruise.

President's Report – Jo McKay

Jo McKay to contact the police liaison officer to arrange a speaker for next year.

The next meeting will be held on Wednesday 10 November 2010 – all parents warmly welcomed.



familiesnsw
supporting families to raise children



At Parent Line we are committed to helping families develop richer, more rewarding relationships and create safer, more nurturing environments for children to grow and develop into happy, healthy, confident, contributing young adults.

Issues in Parenting Adolescents

One third of parents who call our counselling team talk to us about issues to do with adolescent children. Raising adolescents is a particularly challenging parenting stage. Young people want more independence and can become less connected with their parents and family. They tend to have more focus on their peers and developing their own identity.

In 2009 the top 5 reasons that parents of adolescents called our service were:

1. Managing challenging behaviours (e.g. refusal to cooperate in the family, aggressive and disrespectful behaviour, internet use issues, social networking concerns, gaming issues, peer relationships, going out)
2. Parent-child relationships (challenges and difficulties in finding a way to have a connection, arguments)
3. Running away from home
4. Violent behaviour of child (towards parents)
5. Study and educational Issues (e.g. school refusal, HSC, difficulties with relationships at school, bullying).

During adolescence the brain is developing in unique ways and for a period of time, the frontal lobe is "under construction". This means that skills like problem solving, empathy and emotional regulation are affected for a period of time.

To add to this, parents may be caring for ageing family members, may be managing their own developmental issues and many times managing busy working lives. It is also around this time that parents start to have less contact with other parents. The school, sporting and community connections are not as strong and parents can feel isolated, alone in carrying a multitude of concerns for their child's wellbeing and future. On top of this, the parenting strategies that worked before often seem to no longer work!

It can be a volatile and challenging time in the family. The opportunities for connection, real conversation and closeness are less obvious and do not come around as often as with younger children.

At Parent Line we firmly believe that there is always a possibility that things can change and that relationships can improve. Our philosophy is that if something isn't working, let's try something different. Our aim is to focus on today's issue in a way that works on a better relationship with your child tomorrow.

The highly qualified and experienced Parent Line counselling team are available 24 hours a day for the cost of a local call (charges may apply to mobile phones) and are happy to talk through the issues that you are experiencing with your adolescent.

Call us at Parent Line **1300 1300 52**, 24 hours a day, 7 days a week or log onto our website for more parenting information www.parentline.org.au

Written by Tarja Malone, Manager of Parent Line NSW email info@parentline.org.au

ASSESSMENT TASK CALENDAR

5A			Monday	Tuesday	Wednesday	Thursday	Friday
			8 Nov	9 Nov	10 Nov	11 Nov	12 Nov
		DTS	11 Biology 11 English Ext 2		11 EES		11 Agriculture 11 Senior Science 11 Drama
	12	ATD			HSC		
	11	ATD					
	10	ATD	School Certificate Exams	School Certificate Exams	School Certificate Exams	School Certificate Exams	
	9	ATD	Assessment Free	Assessment Free	Assessment Free	Assessment Free	Assessment Free
	8	ATD	Assessment Free	Assessment Free	Assessment Free	Assessment Free	Assessment Free
	7	ATD	Assessment Free	Assessment Free	Assessment Free	Assessment Free	Assessment Free

6B			Monday	Tuesday	Wednesday	Thursday	Friday
			15 Nov	16 Nov	17 Nov	18 Nov	19 Nov
		DTS					
	12	ATD	Staff Development Day				
	11	ATD		Drama		French Continuers Mathematics Ext 1	Design & Tech Drama French Beginners
	10	ATD					
	9	ATD			IT Metal		
	8	ATD					
	7	ATD					

7A			Monday	Tuesday	Wednesday	Thursday	Friday
			22 Nov	23 Nov	24 Nov	25 Nov	26 Nov
		DTS					
	12	ATD					
	11	ATD	Geography	PDHPE			
	10	ATD					
	9	ATD		PDM			
	8	ATD					
	7	ATD					

PLEASE NOTE:

In the case of any discrepancy in the assessment dates published here the date that will be used by the College in the event of any appeal or other process will be the date on the Assessment Task Cover Sheet provided directly to the student. Please contact the College if you have any concerns about any of the information published here.

DTS is a list of the tasks that are to be handed out to students on that date