



The Good Samaritan

BEDE POLDING COLLEGE

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25th July 2014

Term 3 Week 2



Reminder!

Calendar Dates

Term 3:

July:

28 July - 11 Aug Trial HSC

29 Staff Meeting
(Late Start - 9:30 am)

August:

19 Staff Meeting
(Late Start - 9:30 am)

20 P & F General Meeting 7:00pm

22 Creative Arts/TAS Evening

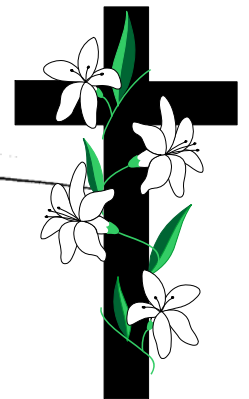
27 Year 7 (2015) Contract signing
starting 7:30pm

Principal's Desk

Last week we were truly honoured to be able to host the funeral Mass for Philip Vassallo. It is very important that as a Catholic community we are able to share not only the successes of our members but also the trials and difficulties. In grieving for Philip and praying for him and his family we help in some very small way to carry the burden. Our students were a credit to the College and their families throughout this difficult time.

God Bless

Kevin Jones



IMPORTANT NOTICE TO MOTORISTS RE SCHOOL BUS ZONES IN RIFLE RANGE ROAD

Please be aware that conditions have changed with the School Bus Zones in Rifle Range Road. These changes are:

1. The existing bus bay near the main car park gate is now a School Bus Zone on School Days from 8:00am-9:30am and 2:30pm-4:00pm. Therefore other than buses - any vehicle parking or stopping in this bus bay for any purpose during these times is doing so illegally. Clear signage has been erected reading "NO ENTRY - BUSES EXCEPTED" to warn motorists of this change.
2. The former School Bus Zone located near the Front Gate has been converted to a Full Time Bus Zone. Clear signage has been erected to warn motorists of this change. Therefore other than buses, any vehicle parking or stopping for any purpose in the School Bus Zone at any time, is doing so illegally.

College Leadership Teams

~ Executive ~

Principal

Mr Kevin Jones

Assistant Principals

Mr Rodney Howard / Mr Harry Fernandez

Religious Education Coordinator

Mrs Mary McGuinness / Assistant: Francis O'Callaghan

Social Justice Coordinator

Mrs Janette Wick

Business Manager

Mr Paul Cruise

Administration Coordinator

Mrs Anita Meehan

Learning Technologies Coordinator

Mrs Jeanette Lans

~ Curriculum Forum & Assistants ~

Creative Arts

Miss Carol Muscat / Assistant: Angela Rando

English

Ms Marsha Edwards / Assistant: Mrs Jeanette Lans

Human Society & Its Environment

Mr Paul Sykes / Assistant: Mr Brett Windon

Languages

Mrs Felicity Mgaza

Mathematics

Mrs Nichole Padden

PDHPE

Ms Megan Bertenshaw

Careers

Mr Brett Collimore

Science

Mrs Jenelle Gavin / Assistant: Mr Steve Lans

Special Education

Mrs Jan Trefoni

Sports Coordinator

Mr Dean Bertenshaw

Technology & Applied Studies

Mr Edward Gruppetta / Mrs Lisa Cummins

Year Coordinators

Year 7 Mrs Dominique Bruce

Year 8 Ms Kristy Walsh

Year 9 Mr Nicholas Briffa

Year 10 Miss Hayley Lalor

Senior Coordinator

Mr Stephen Godfrey

Assistant: Miss Rhiannon Marsh

Home-School Liaison Coordinator

Miss Jenny Woods

Student Counsellor

Mrs Sally Wardley

Librarian

Mrs Kerrie Brownscombe

Star Spot



These are the stars of the week.

Congratulations to:

Kaiden Costa (9D17) who was selected for the NSW Junior Baseball League team which will play in the IBA -Boys International Series being held in St Louis USA in August 2014.

Jaycee McLaughlin (11B3) who will be attending the 2014 Karate National Championships at Perth where she will be representing NSW.

Ryan Carpenter (7D5) (pictured below) who recently participated in the Maryvale 2014 National Junior Limousin Cattle Show at Tamworth. He was part of The Oakvale Stud Team owned by The Riley Family of Tamworth. Ryan's results are as follows:

- 4th place in his heifer class.
- 2nd place in Junior cattle parading.
- He won the Encouragement Award, which means he represents NSW in the Queensland Junior Limousin Show.

Well done - to these students



A CROWN FOR AUSTRALIA: STRIVING FOR THE BEST IN OUR SPORTING NATION

We celebrate Social Justice Sunday 28 September. This year's Social Justice Statement is titled: "A Crown for Australia: Striving for the best in our sporting nation".

The Statement celebrates the place of sport in our national life, especially the way in which it brings individuals and communities together and contributes to our health and well-being. At the same time, the Statement challenges to look at sport's darker side – the potential for violence, abuse and corruption that blemish its image and disillusion those who love it most.

For further details about the Social Justice Statement, visit the Australian Catholic Social Justice Council website (<http://www.socialjustice.catholic.org.au>) or call (02) 8306 3499.



Health
Nepean Blue Mountains
Local Health District

REPARATIVE PARENTING â PROGRAM FOR FOSTER AND KINSHIP CARERS

This is an attachment based parenting program that seeks to help foster and kinship carers learn to manage behaviour in a manner that also seeks to redress the psychological and emotional effects of trauma. It aims to increase the understanding, skills and resources of carers in order to increase placement stability. Placement stability is associated with a range of positive mental health, behavioural and educational outcomes for children and young people in care.

The program sessions are designed around building a house of therapeutic care and will include:

- Understanding the impact of trauma and attachment difficulties on behaviour.
- Skills in building a firm relationship foundation with your child such as “special play” and emotion coaching.
- Developing safety plans and plans to look after yourself.
- Problem solving techniques and strategies to optimise compliance.
- Using limits to manage anxiety.
- Relationship repair with your foster child.

Starting: The group will start when we have sufficient numbers to run.

Time: 10-12:30 one day a week (TBA) for 9 weeks.

Where: Cranebrook Community Health Centre
Corner of Laycock St and Borrowdale Way.

For further information contact:

Dr Christine McLeod – Clinical Psychologist – 4730 5100

Amanda Horton-Hallett – Social Worker - 4732 9400

To register phone the Centralised Referral Service on 1800 222 608

If carers are keen to participate in a group ASAP then our recommendation is to refer to this group first (as it will be the single most relevant to their needs) and then to make a second referral to a complementary group such as Tuning Into Kids which will provide the basics of promoting emotional intelligence in children but is not specifically for parenting children with trauma backgrounds.

2014 POLDING WALK – Friday, 20th June

This year's Polding Walk proved to be another huge success and it was fantastic to see how the students and the entire school community supported this event so enthusiastically.

Bede Polding Day is not just about a walk – it is a time to celebrate the deeds of John Bede Polding. The students not only raised money for the school, but more importantly we support some local charities. This truly reflects the spirit of John Bede Polding – with students travelling to help others, just as he did.

Students worked extremely hard to arrange sponsors for the Polding Walk and we are pleased to report that approximately \$50,000 was raised this year - and that money will be put to great use and go towards the construction of an additional covered walkway that will provide weather protection for our students and staff as they move to/from class. Thank you to our students, parents and sponsors for their collective efforts in raising this amount. Please note that all 'business' sponsors will be acknowledged in our next newsletter and receive 'Certificates of Appreciation'. On the day we received great support from Chisholm Catholic Primary School for their BBQ trailer.

This year we had approximately 45 or so parents and friends who generously volunteered on the day by supervising, walking with students, working on checkpoints or cooking/serving lunch. Without such wonderful support, the day would not have run so smoothly.

The students should also be commended on the co-operation and behaviour on the day which resulted in the Polding Walk being a safe and incident-free event. The weather played it's part with no rain whatsoever!

The day began with the judging of the fancy dress competition. The effort that our students and staff put into dressing up - was outstanding. We had students dress up as, super heroes, pixies, fairies, clowns, pirates, wild animals, movie stars, warriors and famous faces just to name a few. Well done to all who got into the spirit of it!

After the Polding Walk, students returned to school for a BBQ lunch before braving the carnival rides and the Battle of the Bands. The school car park became an amusement park for a few hours and the Hall came alive as students danced along to the music. Congratulations to all contestants in the Battle of the Bands and thank you for entertaining us.

The Polding Walk Organising Committee



2014 POLDING WALKING INCENTIVE AWARD WINNERS

Congratulations to the following students who were awarded prizes at Assembly as being the top individual money raisers at this year's Polding Walk:

Year 7 & 8 *Winner is Portia Whiffen-Briski of 7D5*
Runner Up is Darci Boyd of 7D3

Year 9 & 10 *Winner is Joshua Strenger of 10S6*
Runner Up is Meaghan Smith of 9D19

Year 11 & 12 *Winner is Ellen Reifenstein of 11E5*
Runner Up is Patrick Staveley of 11E3



The winners each received a \$200 Gift Card and the Runner's Up received iTunes Cards.

The winning Home Rooms are 7D5 and 9D19 and these students, along with the top individual money raisers from all Year Groups will enjoy a great day out at Wet N Wild during Term 4.

The Battle of Bands Results

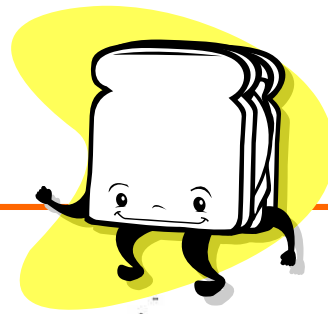
Elective Music Classes:
1st place: Years 10 and 12 tied

College Bands:
1st place: Maddison Uren, Eloise Fitzgerald



Highly Commended:
Jemma Cook, Elishia Jones, Jamon Windeyer

CANTEEN



hot food

beef burger \$4.00
chicken burger \$4.00
Schnitzel burger \$5.00
meat pie \$3.60
sausage roll \$3.00
cheese & spinach \$3.50
hot dog \$2.50
pizza \$3.00
hot wraps \$4.00

wraps

chilli chicken lettuce
tomato \$4.00
chicken caesar \$4.00
chicken lettuce & mayo
\$4.00
chicken salad \$4.00
ham salad \$4.00
plain salad \$3.80

breakfast

up & go \$2.50
hash brown \$1.00
cheese & bacon \$2.50
scrolls \$1.50
egg & bacon hot wraps
\$4.00
egg & bacon burger \$4.00

sandwich

chicken salad \$3.50
ham & salad \$3.50
plain salad \$3.80
chicken & avocado \$4.00
Chicken, lettuce & mayo
\$4.00
ham cheese tomato \$3.50
ham & cheese \$3.50
chilli chicken lettuce \$4.00
tuna tomato & lettuce
\$4.00
salmon onion & tomato
\$4.00
egg & lettuce \$3.50
cheese & tomato \$3.00
cheese \$2.00
vegemite \$2.00

salad tubs

plain \$4.00
egg salad \$4.50
chicken caesar \$5.00
ham salad \$5.00

WHAT IN THE
BAYMERIE SPECIAL
WEDNESDAY

elliott's catering

counter sales

chip (smiths & red rock)
\$1.50
muffins sml \$1 large \$2
ice blocks from \$1
jelly sml 50c med \$1 leg
\$1.50
fruit salad sml \$1 med
\$2.50 leg \$3.50

drinks

600ml
pepsi max
solo extreme
mineral water
all \$3.20
375ml cans
pepsi max
pepsi next
mineral waters
lemonade
all \$2.00
juice \$2.50
poppers \$1.50
flavoured milk 300ml
\$2.50 600ml \$4.00
water \$2.00

lunch order are excepted

vegetarian order only

Go4Fun – FREE healthy lifestyle program for the family

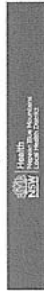
*Do you have a child or patient 7-13 years old?
Are you worried about their weight?*

Go4Fun



Go4Fun can get your kids moving in a fun & healthy way!

Free call 1800 780 900
sms 0409 745 645 for a call back or
visit www.go4fun.com.au



supermarket tour!

Go4Fun is a healthy lifestyle program for children aged 7-13, who are above a healthy weight range. The program is run after school for a 10 week term and is FREE for eligible families.

- What happens on the Go4Fun program?**
The program runs over a school term. Sessions are held once or twice per week, for 1-2 hours, after school. Highlights include:
- Weekly games & activities to improve fitness for children
 - Fun and interactive discussions to teach your family easy & effective ways to improve nutrition, physical activity and self-esteem.
 - Practical demonstrations, games and tips about healthy foods and label reading, including a

Start making healthy lifestyle changes NOW!

LIMITED SPACES for the Term 3 2014 programs:

- Lithgow – Mondays and Wednesdays, 4:00 – 6:00pm
- St Marys Ripples Aquatic Centre – Tuesdays, 4:30 – 6:30pm
- South Windsor YMCA Indoor Stadium – Monday & Wednesdays, 4:30 – 6:30pm
- Springwood Aquatic Centre – Mondays, 4:00 – 6:00pm

Programs start from 14 July 2014!

FREE CALL 1800 780 900 or visit on www.go4fun.com.au to register or for more information.

FREE Programs Currently Offered By



BLIGH PARK
community services inc

Kids Club Years 5-8 Mondays 3.30-5pm Tiningi Youth Centre	Wellamabami Aboriginal Youth Group Tuesdays 4-6pm Tiningi Youth Centre
Thursday Arvo's High School Students Thursdays 3.30-5pm Tiningi Youth Centre	Boxercise High School Students Tuesdays 6.30-7.30pm Tiningi Youth Centre

Bligh Park Community Services Inc

Neighbourhood Centre - 4 Sirius Road

Tiningi Youth Centre - 139 Colonial Drive

BLIGH PARK NSW 2756

Ph: 02 4572 5898 - Neighbourhood Centre / 02 4572 0529 - Tiningi

Fax: 02 4572 0069

Facebook: "Bligh Park Community Services Inc"

Program Info Email: activitiesyouth@blighpark.org.au

Remember to like our Facebook page for regular updates on all our services:



ASSESSMENT TASK CALENDAR

ASSESSMENT TASKS DUE FROM STUDENTS WEEK 3

3A		Monday	Tuesday	Wednesday	Thursday	Friday
		28 Jul	29 Jul	30 Jul	31 Jul	1 Aug
12	ATD	TRIAL HSC	TRIAL HSC	TRIAL HSC	TRIAL HSC	TRIAL HSC
11	ATD			English Ext 1		
10	ATD					PASS
9	ATD			PDM		
8	ATD					
7	ATD					

ASSESSMENT TASKS DUE FROM STUDENTS WEEK 4

4B		Monday	Tuesday	Wednesday	Thursday	Friday
		4 Aug	5 Aug	6 Aug	7 Aug	8 Aug
12	ATD	TRIAL HSC	TRIAL HSC	TRIAL HSC	TRIAL HSC	TRIAL HSC
11	ATD	Biology Modern History	Geography	Business Studies		Mathematics Ext 1
10	ATD	PASS (all week in class)		Drama B Science		Drama A
9	ATD	Drama				
8	ATD					
7	ATD					

ASSESSMENT TASKS DUE FROM STUDENTS WEEK 5

5A		Monday	Tuesday	Wednesday	Thursday	Friday
		11 Aug	12 Aug	13 Aug	14 Aug	15 Aug
12	ATD	TRIAL HSC				
11	ATD					
10	ATD	Drama B PASS (all week in class)	Drama A	IT Timber		PDM
9	ATD		PDM	PASS		
8	ATD					
7	ATD	English (1 st lesson) PDH (theory lesson)				

A REMINDER TO ALL STUDENTS

Submission Instructions Years 11 / 12

- Submit the task by placing it in the Assessment Bin at the Student Foyer by 9.00am.
- Penalty for non-attendance on the day or late submission
 - ◆ Assessments submitted after 9.00am on the due date will immediately receive a 50% mark penalty of the achieved mark pending Illness/Misadventure certification.
 - ◆ Assessments submitted after 9.00am on the next day will receive a zero mark pending Illness/Misadventure certification.

Submission Instructions Year 7—10

- Submit the task by handing to your class teacher and signing a class list during your lesson on the due date.
- Penalty for non-attendance on the day or late submission
 - ◆ For assessments submitted after the lesson on the due date, the student will immediately receive a Thursday workshop to complete the task and submit at the end of the workshop.

PLEASE NOTE:

In the case of any discrepancy in the assessment dates published here the date that will be used by the College in the event of any appeal or other process will be the date on the Assessment Task Cover Sheet provided directly to the student. Please contact the College if you have any concerns about any of the information published here.