

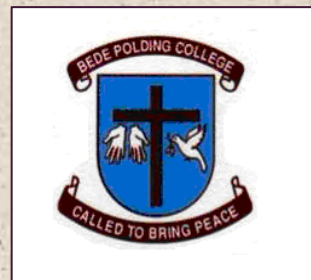


THE GOOD SAMARITAN

“Called To Bring Peace”

Bede Polding College

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Newsletter: 17th March 2017

Term 1 Week 7

Calendar Dates

MARCH

16 - 24 Year 12 Exams

21 Staff Meeting (9:30am late start)

27 - 31 Yr 12 Retreat

29 - 31 Years 7 & 9 Camp

APRIL

5 Stage 6 Parent Teacher Night 3:30 - 8:00pm

7 Term 1 ends

Principal's Desk

Dear Parent(s)/Guardian(s)

We are more than half way through the term. Many of you have attended Information Nights for a number of Year groups. I thought I would just summarise the key messages for you all in respect to this year at the College.

ATTENDANCE:

We have a low attendance rate compared to other schools in the Diocese. As nearly all of our absences are explained this means that our students take significantly more days off, as either leave or as a result of illness, than other students in our system. This is impacting on the learning outcomes of all our students.

VERBAL FEEDBACK:

We are in the process of revitalising some approaches in the classroom. We believe, and research shows us, that our students need more ongoing feedback. This needs to be timely, as the students are doing their work. Our focus is increasing and improving the amount of verbal feedback that students receive. Teachers will be stamping students' work and students will be expected to write down the feedback they receive. You will be able to check this in your child's work starting from Term 2.

LEARNING JOURNALS:

Our students will be keeping learning journals starting in Term 2. These will require students to record what they have learned in a lesson and what they have found difficult to learn.

We invite your feedback on any of these approaches.

God Bless

Kevin Jones



Yr 10 History Incursion

Peer Support:

Session 3



Since our Newsletter update Year 11 Peer Support Leaders have been issued with their Leadership Badges in front of their peers at a Senior Form-meeting. Mr Jones and Mr Fernandez presented these badges to our 55 leaders, it is a symbol that represents the special role these students have within the school community. There has been much anticipation and excitement from the leaders with wearing their badges and it is fantastic to see it being worn with pride. The third session of the Peer Support program focused on developing skills and strategies for critical thinking, perseverance when the situation gets tough and being able to ask for help. It is hard to believe we are over halfway through the program! Year 11 Peer Support Leaders are doing a fantastic job and Year 7 are settling in well to High School life.

*Kindly
Mrs Kimberley Baker
Peer Support Coordinator*



Peer Support: Session 3 (con't)



Peer Support: Session 3 (con't)



On the 28th February 2017, Year 7 participated in their third Peer Support lesson. During this lesson they practised critical thinking and learnt how to apply critical thinking to their everyday lives when in tough situations. They also learnt about some outcomes when they made these decisions.

We also looked at who Year 7 can go to for support when in a tough situation. Letting them know there is always someone there to give them a helping hand.

They looked at strategies to apply to difficult situations. They also discussed how positive and negative thoughts affect your learning and school experience. We played a few games to build their teamwork and group thinking.

Years 11 and 7 greatly enjoyed this Peer Support session. It was filled with laughs and joy.

*By Kiara-Lee Craft
Year 11 Peer Support Leader*



As a parent, would you like to know more about how to....

- set reasonable boundaries for your teenager?
- manage your teenager's digital world?
- keep your teenager safe at parties?

You might find some answers at **The Kids are All Right** website. It publishes helpful and informative articles to help parents and teachers deal with prominent issues affecting the wellbeing of teenagers. Issues that are addressed include physical and mental health, relationships, drugs and alcohol.

<http://www.thekidsareallright.com.au/>

If you would like to speak about any issues regarding your child(ren) with one of the **College Counsellors, Debbie Robinson or Sara Kennedy**, please contact the College.

Cyberspace and our kids.....



“Unfortunately in a cyber world it is really easy for our kids to travel down into a rabbit hole that can affect their **privacy, reputation or relationships** both online and in the real world. **Sometimes for the rest of their life.**” Peter Stein – *ThinkuKnow*

ThinkuKnow is a volunteer program partnered by the Australian federal Police, Datacom, Microsoft, Commonwealth Bank and state police agencies. The aim of the program is to educate parents and kids on how to stay safe while making the most out of technology.

As a parent if you are looking for more information about the challenges of youth using technology, visit the website: <https://www.thinkuknow.org.au/site/>

Under the section, **Technology and Youth** you will find information dealing with messaging, social media, gaming and much, much more.

If you would like to discuss more about this information with one of our counsellors, Debbie Robinson or Sara Kennedy, please contact the school.

Retirement Farewell Invitation

Fr Arthur Cook is retiring from Parish life and will be leaving the Diocese at the end of April 2017. To mark the occasion and to thank him for his years of service to the Parishes of the Diocese, there will be a celebration details as follow:

When: Sunday 23rd April

Where: St Matthew's Catholic Church
12 Tebbutt Street, Windsor

Time: Morning tea after the 9am Mass followed by a BBQ lunch.

St Matthew's would like to extend an invitation to anyone who is interested in saying farewell.

For catering purposes please contact the Parish office on 4577 3073 during office hours before Wednesday 12th April.

Star Spot

These are the stars of the week.

Congratulations to:

Holly Harrison (10A2) "Body & Fare"

Flora Cann (10S2) "Bruised"

Maddy Harris (10S4) "Classic Beauty"

Jack Walden "Lonely Read"

who received a certificate of merit for the Ilford Photography Competition.

Well done - to these students





**Week three of Lent:
Uncle Richard, Australia**



First Australian Uncle Richard was kidnapped from his family as a child under policies that gave rise to the Stolen Generations. Uncle Richard was taken to Kinchela Boys Home (KBH) in NSW, and spent his childhood there. Today he is part of the KBH Aboriginal Corporation (KBHAC), established by KBH survivors to reconnect with one another and begin a healing and truth telling process for themselves, their families, and the wider Australian community. Caritas Australia supports KBHAC.



Please donate to Project Compassion 2017 and help Australia's Stolen Generations and their families to heal from the pain of the past. You can donate through School boxes, by visiting:

www.caritas.org.au/projectcompassion



**Week four of Lent:
Nguyet, Vietnam**



A severe disability kept young Nguyet behind closed doors: inhibited by her condition, her family had little connection with their neighbours. But their confidence and skill grew when they participated in the Catholic Relief Services' program, Capacity Building for Parent Associations Supporting Children with Disabilities, supported by Caritas Australia. The program offered Nguyet home-based education, and as her skills have grown she is increasingly engaging with her community.



Please donate to Project Compassion 2017 and help children with disabilities in Vietnam to learn new skills and connect with their communities. You can donate through School boxes, by visiting:

www.caritas.org.au/projectcompassion

Canteen Menu

EVERYDAY MENU

Drinks

Bottles

| | |
|----------------------------------|--------|
| 600ml Pepsi max bottle | \$3.70 |
| 600ml Pepsi next | \$3.70 |
| 600ml lemon lime mineral water | \$3.70 |
| 600ml orange mango mineral water | \$3.70 |
| 600ml lemonade | \$3.70 |
| 600ml water | \$2.00 |
| 1.5L water | \$3.00 |
| 300ml strawberry milk | \$2.50 |
| 300ml chocolate milk | \$2.50 |
| 300ml iced coffee | \$2.50 |
| 600ml strawberry milk | \$4.00 |
| 600ml chocolate | \$4.00 |
| 600ml iced coffee | \$4.00 |
| Orange juice | \$3.00 |
| Apple juice | \$3.00 |

Cans

| | |
|----------------------------------|--------|
| 375ml Pepsi max | \$2.30 |
| 375ml Pepsi next | \$2.30 |
| 375ml orange mango mineral water | \$2.30 |
| 375ml lemon lime mineral water | \$2.30 |

Counter sales

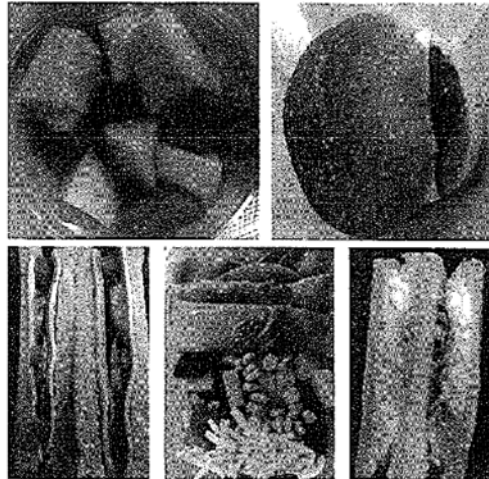
| | |
|-----------------------------|-------------|
| Home made assorted muffins | \$2.00 |
| Fresh fruit salad | \$2.50 |
| Small jelly | 80c |
| Medium jelly | \$1.50 |
| Large jelly | \$2.00 |
| Chips | \$1.50 |
| Jj's | \$1.50 |
| Frozen juice cup | \$1.00 |
| Aussie drops butter menthol | \$1.00 |
| Frozen yoghurt | \$2.50 |
| Assorted ice blocks | from \$1.00 |

Hot Food

| | |
|-------------------------|--------|
| Beef burger | \$4.50 |
| Chicken burger | \$4.50 |
| Meat pie | \$3.60 |
| Traveller pie | \$3.60 |
| Sausage roll | \$3.00 |
| Cheese and spinach roll | \$3.50 |
| Hot dog | \$3.00 |
| Hot sweet chilli roll | \$4.50 |
| Assorted hot wraps | \$4.50 |

Breakfast

| | |
|--------------------------------|-------------|
| Ham and cheese scroll | \$1.00 |
| Hash browns | \$1.00 |
| Bacon and cheese buns | \$2.00 |
| Hot milo (winter only) | \$1.50 |
| Small flavoured milk | \$2.50 |
| Large flavoured milk | \$4.00 |
| Hot cheese wrap | \$2.00 |
| On the spot orders | |
| Vegemite toast | \$1.50 |
| Raisin toast | \$1.50 |
| Toasted sandwiches & focaccias | from \$4.00 |



ELLIOTT'S CATERING

Canteen Menu

Super Sandwiches

| | |
|---------------------------------------|--------|
| Chicken and avocado | \$4.50 |
| Chicken salad | \$4.50 |
| Ham and salad | \$4.50 |
| Chicken, lettuce and mayo | \$4.50 |
| Ham, cheese and tomato | \$3.50 |
| Salmon, onion and tomato | \$4.00 |
| Tuna, onion and tomato | \$4.00 |
| Chilli chicken, lettuce and s/c sauce | \$4.50 |
| Corn beef and pickles | \$3.50 |
| Salad | \$4.00 |
| Egg and lettuce | \$3.50 |
| Curried egg and lettuce | \$3.50 |
| Cheese | \$2.50 |
| Cheese and tomato | \$3.00 |
| Vegemite | \$2.00 |

Wraps

| | |
|---------------------------------------|--------|
| Chilli chicken, s/c sauce and lettuce | \$4.50 |
| Chicken, lettuce and mayo | \$4.50 |
| Chicken Caesar wrap | \$4.50 |
| Ham salad | \$4.50 |
| Salad | \$4.00 |
| Chicken Aioli <i>NEW</i> | \$4.50 |

Rolls

| | |
|---------------------------------------|--------|
| Chilli chicken, lettuce and s/c sauce | \$4.50 |
| Chicken salad | \$4.50 |
| Chicken and avocado | \$4.50 |
| Plain salad | \$4.00 |

SALAD BAR

*Make your own salad
Vegetarian options are available*

| | |
|--------------------|--------|
| Chicken caesar tub | \$5.00 |
| Tuna salad | \$5.00 |
| Garden salad | \$4.00 |
| Caesar salad | \$5.00 |
| Egg salad | \$5.00 |
| Ham salad | \$5.00 |

BURGER BAR

*Build your own burger
Order Only*

| | |
|-----------------------|--------|
| Chicken Burger | \$4.50 |
| Chicken Schnitzel | \$5.00 |
| Chicken Caesar Burger | \$5.00 |
| Fish | \$5.00 |
| Chicken Aioli | \$5.00 |

Make your own

Lettuce, tomato, cucumber, beetroot,
red capsicum, pineapple, cheese, onion

Add:

Lettuce, tomato, cucumber, beetroot,
red capsicum, pineapple, cheese or onion
20c extra

Add meats:

Chicken, ham, tuna, salmon, fish

Sauces:

French, Italian, mayo, sweet chilli,
curry mayo, caesar, aioli

Sauces:

Mayo, sweet chilli, curry mayo, caesar,
tomato, barbeque, aioli

KEEP YOUR EYE OUT FOR THE EVERYDAY SPECIAL

Everyday there are a selection of sandwiches, wraps, salads, hot dogs and burgers that are ready made for immediate sale at recess and lunch. Please feel free to put in a lunch order, no later than the end of recess. Lunch orders are the best when you want something specific for lunch.

ASSESSMENT TASK CALENDAR

ASSESSMENT TASKS DUE FROM STUDENTS WEEK 8

| 8B | | Monday | Tuesday | Wednesday | Thursday | Friday |
|----|-----|-----------------------|-------------|-------------------------------|--|-----------|
| | | 20 Mar | 21 Mar | 22 Mar | 23 Mar | 24 Mar |
| 12 | ATD | Exams | Exams | Exams | Exams | Exams |
| 11 | ATD | Society & Culture (S) | E&ESc (IC) | Food Tech (IC) | EEC (S) Chemistry (IC) P4/5 Modern Hist (S) | PDHPE (S) |
| 10 | ATD | Agriculture (S) | Science (S) | Commerce (S) Food Tech (S) | | |
| 9 | ATD | | Music (IC) | | Agriculture (S) Food Tech (S) Music (IC) | |
| 8 | ATD | | | | | |
| 7 | ATD | | | | | |

ASSESSMENT TASKS DUE FROM STUDENTS WEEK 9

| 9A | | Monday | Tuesday | Wednesday | Thursday | Friday |
|----|-----|-------------------------------|---------|--|----------|--------|
| | | 27 Mar | 28 Mar | 29 Mar | 30 Mar | 31 Mar |
| 12 | ATD | | | | | |
| 11 | ATD | Drama (S/IC) Economics (S) | | Drama (IC) English Adv (S/IC) English Std (S/IC) | | |
| 10 | ATD | History (S) | | English (S) | | |
| 9 | ATD | | | | | |
| 8 | ATD | | | | | |
| 7 | ATD | | | | | |

ASSESSMENT TASKS DUE FROM STUDENTS WEEK 10

| 10B | | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----|-----|--|---------------------------------|--|---|--------|
| | | 3 Apr | 4 Apr | 5 Apr | 6 Apr | 7 Apr |
| 12 | ATD | Ancient History (S) History Extension (S) | | | | |
| 11 | ATD | English Studies (S/IC) Legal St (IC) P5 | Design & Tech (S/IC) SLR (S) | Ancient Hist (S) Catholic Studies (S) St of Religion (S) | Mathematics (IC) P4/5 Mathematics Gen (IC) P4/5 | |
| 10 | ATD | Music (IC) Visual Arts (IC) | Music (IC) | IST (IC) Music (IC) Religious Education (S) | | |
| 9 | ATD | | | | | |
| 8 | ATD | | | | | |
| 7 | ATD | | | | | |

ment dates published here the date that will be used by the College in the event of any appeal or other process will be the date on the Assessment Task Cover Sheet provided directly to the student. Please contact the College if you have any concerns about any of the information published here.

PLEASE NOTE:

In the case of any discrepancy in the assessment dates published here the date that will be used by the College in the event of any appeal or other process will be the date on the Assessment Task Cover Sheet provided directly to the student. Please contact the College if you have any concerns about any of the information published here.

A REMINDER TO ALL STUDENTS

Submission Instructions Years 11 / 12

- Submit the task by placing it in the Assessment Bin at the Student Foyer by 9.00am.
- Penalty for non-attendance on the day or late submission
 - ◆ Assessments submitted after 9.00am on the due date will immediately receive a 50% mark penalty of the achieved mark pending Illness/Misadventure certification.
 - ◆ Assessments submitted after 9.00am on the next day will receive a zero mark pending Illness/Misadventure certification.

Submission Instructions Year 7—10

- Submit the task by handing to your class teacher and signing a class list during your lesson on the due date.
- Penalty for non-attendance on the day or late submission
 - ◆ For assessments submitted after the lesson on the due date, the student will immediately receive a Thursday workshop to complete the task and submit at the end of the workshop.